### Clear aligners can be used to treat a variety of dental problems, such as:

- Crowding: teeth too close together
- Spacing: gaps between the teeth
- Overbite: teeth overlap too much
- Overjet: front teeth stick out
- Underbite: lower teeth stick out
- Crossbite: teeth bite on the wrong side of each other
- Openbite: teeth do not meet when biting
- Misplaced midline: centre lines of upper and lower teeth don't align



## Are you ready to get started?

The countdown is on! Join us on our next FREE Clear Aligner Open Day, where we're giving away up to £914 in discounts & goodies!

If you are keen to look at what your smile transformation could look like, then come along to our next Open Day.

## 0% interest-free finance options!

Keep on smiling! Spread the cost of your treatment with **0-18 months interest-free finance options** or 24-60 months at 9.9% APR interestbearing options are available. Please speak to our team today!

#### **Get in touch:**

**web:** www.johnholmesdental.co.uk **tel:** 01760 721335

- (O) @johnholmesdental
- @John Holmes Dental Practice



## Do you want straight teeth?

Join us on our next Clear Aligner Open Day!

# Invisible teeth straightening aligner system:

Clear aligner systems offer a discreet, convenient, and high-tech way of straightening teeth fast. Custom-made to fit precisely over the top of your teeth, they're barely visible when worn, and removable for when you want to eat, clean them or attend a particularly special occasion.

Plus they work fast - think weeks not years, so you can look forward to a straight smile and renewed confidence in no time at all!



### So, the process:

A consultation appointment with one of our specialists is your first step. They will spend time assessing you and whether you are suitable for this type of treatment. In some cases, conventional orthodontic treatment is a better option and you will be advised of this.

If you decide to have the treatment, an initial appointment will be made to take digital impressions and notes to plan your treatment. Photos will also be taken. Once your aligners have arrived, you will need another appointment to have it fitted.

You will then **come back every 4-6 weeks for the next 3-9 months** to receive a new set of aligners each month, as your teeth begin to move. This varies from one patient to another. It is important to maintain excellent oral hygiene during your treatment and our staff will advise you about this.

Once your treatment has been completed and the brace has been removed, the specialist will give you the options on which retainers you'd like to have.



## Why choose clear aligners?

Clear aligners, such as Invisalign & Reveal, are an adult teeth straightening system that we love because it's proof that it's never too late to get the smile you want! Subject to the clinician's recommendation, clear aligners offer a fast and discreet way to straighten your teeth.

So, if you think you missed your chance to have braces as a teenager, and train tracks are out of the question as an adult – then pop in for a consultation, and find out if clear aligners are the answer you've been waiting for...